

APPLICATION FOR CARE AT WHEATON FAMILY CHIROPRACTIC

Whom may we thank for referring you to this office? → _____

Today's Date: _____ VRC: _____

PATIENT DEMOGRAPHICS

Name: _____ Birth Date: ____-____-____ Age: _____ Male Female

Address: _____ City: _____ State: _____ Zip: _____

E-mail Address: _____ Home Phone: _____ Marital Status: S M D W O

Mobile Phone: _____ Work Phone: _____ Fax: _____

Social Security #: _____ Driver's License #: _____

Employer: _____ Occupation: _____

Name of Spouse: _____ Spouse's Employer: _____

Spouse's Birthdate: _____ Names and Ages of your children: _____

Name of Emergency Contact: _____ Phone# _____ Relationship: _____

HISTORY of COMPLAINT

Please identify the condition(s) that brought you to this office: **Primary:** _____

Secondary: _____ **Third:** _____ **Fourth:** _____

On a scale of **1** to **10** with **10** being the worst pain and **zero** being no pain, rate your above complaints by **circling the number**:

Primary or chief complaint 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Second complaint: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Third complaint: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Fourth complaint: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

When did the problem(s) begin? _____ When is the problem at its worst? AM PM mid-day late PM

How long does it last? It is constant **OR** I experience it on and off during the day **OR** It comes and goes throughout the week

How did the injury happen? _____

Condition(s) ever been treated by anyone in the past? No Yes **If yes**, when: _____ by whom? _____

How long were you under care: _____ What were the results? _____

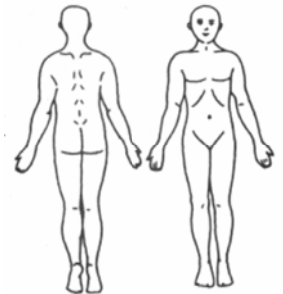
Name of Previous Chiropractor: _____ N/A

***PLEASE MARK** the areas on the Diagram with the following **letters** to describe your symptoms:

R = Radiating B = Burning D = Dull A = Aching N = Numbness S = Sharp/ Stabbing T= Tingling

What relieves your symptoms? _____

What makes them feel worse? _____



LIST RESTRICTED ACTIVITY:

CURRENT ACTIVITY LEVEL

USUAL ACTIVITY LEVEL

_____: _____
 _____: _____
 _____: _____
 _____: _____

Is your problem the result of ANY type of accident? Yes, No (Describe) _____

Identify any other injury(s) to your spine, minor or major, that the doctor should know about: _____

PAST HISTORY

Have you suffered with any of this or a similar problem in the past? No Yes **If yes**
How many times? _____ When was the last episode? _____ How did the injury happen? _____
Other forms of treatment tried: No Yes **If yes**, please state **what** type of treatment: _____, and
who provided it: _____
How long ago? _____ What were the results? Favorable Unfavorable → please explain. _____

Please identify any and all types of jobs you have had in the past that have imposed any physical stress on you or your body: _____

If you have ever been diagnosed with any of the following conditions:
(Please indicate with a **P** for in the **Past**, **C** for **Currently** have and **N** for **Never have had**).
___ Broken Bone ___ Dislocations ___ Tumors ___ Rheumatoid Arthritis ___ Fracture ___ Disability ___ Cancer
___ Heart Attack ___ Osteo Arthritis ___ Diabetes ___ Cerebral Vascular ___ Other serious conditions: _____

PLEASE, identify ALL PAST and any CURRENT conditions you feel may be contributing your present problem:

	HOW LONG AGO	TYPE OF CARE RECEIVED	BY WHOM
INJURIES	→		
SURGERIES	→		
CHILDHOOD DISEASES	→		
ADULT DISEASES	→		

SOCIAL HISTORY

1. **Smoking:** cigars pipe cigarettes → How often? Daily Weekends Occasionally Never
2. **Alcoholic Beverage:** consumption occurs → Daily Weekends Occasionally Never
3. **Recreational Drug use:** Daily Weekends Occasionally Never
4. **Hobbies -Recreational Activities- Exercise Regime:** What affects does your present problem have: _____

FAMILY HISTORY:

1. Does anyone in your family suffer with the same condition(s)? No Yes
If yes whom: grandmother grandfather mother father sister brother son(s) daughter(s)
Have they ever been treated for their condition? No Yes I don't know
2. **Any other hereditary conditions the doctor should be aware of?** No Yes: _____



I hereby authorize payment to be made directly to Wheaton Family Chiropractic, for all benefits which may be payable under a healthcare plan or from any other collateral sources. I authorize utilization of this application or copies thereof for the purpose of processing claims and effecting payments, and further acknowledge that this assignment of benefits does not in any way relieve me of payment liability and that I will remain financially responsible to Wheaton Family Chiropractic for any and all services I receive at this office.

Patient or Authorized Person's Signature

____ - ____ - ____
Date Completed

Doctor's Signature

____ - ____ - ____
Date Form Reviewed

Patient's Name: _____

VRC#: _____

ACTIVITIES OF DAILY LIVING / SYMPTOMS / MEDICATIONS

Patient Name: _____

Date: _____

Daily Activities: Effects of Current conditions on Performance: Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

ACTIVITY	No Pain (0)		Somewhat Moderate Pain (5)					Disabling Pain/Severe (10)			
Bending	0	1	2	3	4	5	6	7	8	9	10
Carrying	0	1	2	3	4	5	6	7	8	9	10
Climbing	0	1	2	3	4	5	6	7	8	9	10
Concentrating	0	1	2	3	4	5	6	7	8	9	10
Dancing	0	1	2	3	4	5	6	7	8	9	10
Doing Chores	0	1	2	3	4	5	6	7	8	9	10
Doing Computer Work	0	1	2	3	4	5	6	7	8	9	10
Dressing	0	1	2	3	4	5	6	7	8	9	10
Driving	0	1	2	3	4	5	6	7	8	9	10
Gardening	0	1	2	3	4	5	6	7	8	9	10
Lifting	0	1	2	3	4	5	6	7	8	9	10
Performing Sexual Activities	0	1	2	3	4	5	6	7	8	9	10
Playing Sports	0	1	2	3	4	5	6	7	8	9	10
Pushing	0	1	2	3	4	5	6	7	8	9	10
Reading	0	1	2	3	4	5	6	7	8	9	10
Recreation	0	1	2	3	4	5	6	7	8	9	10
Rolling Over	0	1	2	3	4	5	6	7	8	9	10
Running	0	1	2	3	4	5	6	7	8	9	10
Shoveling	0	1	2	3	4	5	6	7	8	9	10
Sitting	0	1	2	3	4	5	6	7	8	9	10
Sitting to Standing	0	1	2	3	4	5	6	7	8	9	10
Sleeping	0	1	2	3	4	5	6	7	8	9	10
Standing	0	1	2	3	4	5	6	7	8	9	10
Walking	0	1	2	3	4	5	6	7	8	9	10
Watching TV	0	1	2	3	4	5	6	7	8	9	10
Working	0	1	2	3	4	5	6	7	8	9	10

OTHER: Please Explain. _____

Patient Name: _____ VRC#: _____ Date: _____

WHEATON FAMILY CHIROPRACTIC

INITIAL NERVE SYSTEM PROFILE

When was your most recent auto accident? _____

What speed was the collision? _____

Type of impact: Front Impact / Side Impact / Rear Impact How many total Accidents? _____

Was treatment received? Please describe _____



When was your most recent strain / stress at work? _____

Please describe the manner of the injury _____

Was treatment received? Please describe _____

Does your job require you remain in long term stressful postures? (i.e. all day seating, repeated lifting, long term computer use)

Spinal traumas in the past? _____

Collision/quick burst/ repetitive motion sports? football, wrestling, basketball, baseball, soccer, tennis, golf, track&field:

Trauma as a child! (i.e. fall on your head, impact to your head, concussion, fall onto back or tailbone, biking accident)

Work around the house - lifting, bending, woke up with a stiff neck, "back went out" _____

INITIAL NUTRITIONAL PROFILE

Have you tested with high triglycerides or high cholesterol? (Y / N) Values? _____

Have you tested with high blood pressure? (Y / N)

Are you diabetic? Have you been diagnose as pre-diabetic or with metabolic syndrome? (Y / N)

Do you eat breakfast daily from Monday to Friday? (Y / N) _____

How many days per week do you skip one meal? (0) (1) (2) (3) (4+)

How many fast food, refined foods, or pre-pared meals do you eat per week? (0) (1-3) (4-6) (7+)

How many servings of fruit do you have on a given day? (0-1) (2-3) (4+)

How many servings of vegetables do you have on a given day? (0-1) (2-3) (4-5)

Do you regularly drink (1 or more per day) any of the following? (circle all that apply)

Diet Soda
Milk

Coffee
Soda

Juice
Alcohol

Please list any supplements you take regularly: _____



INITIAL FITNESS PROFILE

How many times per week do you exercise?

Cardiovascular
____Hours ____Days/Wk

Weight Training
____Hours ____Days/Wk

Low Impact (Yoga, Etc.)
____Hours ____Days/Wk



What is your current weight? _____

What is your target weight? _____

How willing are you to change any of these things to reach your health goals? _____ (Scale of 1-10, 1-low, 10-high)

INITIAL TOXICITY PROFILE

Are you regularly exposed to cleaning products or industrial chemicals? (Y / N)

Have you ever noticed mold growing in your home or your place of work? (Y / N)

Does your home, work, school, or car have damp or mildew smell? (Y / N)

Have you received a full standard profile of vaccinations? (Y / N)

Do you receive yearly flu shots? (Y / N) How many flu shots have you received? _____ (estimate)

Have any members of your family been diagnosed with fibromyalgia, chronic fatigue or multiple chemical sensitivities? (Y / N) _____

Do you have symptoms of hormonal system imbalance (thyroid, reproductive, adrenal)? (Y / N) If yes, explain. _____



INITIAL STRESS PROFILE

Do you get an average of 8 hours of sleep per night (Y/N)

Do you average less than 7 hours of sleep per night (Y/N)

Do you ever take pills to go to sleep or relax (Y/N)

Do you often feel short on time and procrastinate on projects? (Y / N)

Do you experience feelings of anxiety about completing tasks? (Y / N)

Do you feel like you don't give enough time or attention to important areas in your life like family, personal growth, or a hobby? (Y / N)

Do you rely more on your memory than a planner and action list to get things done? (Y / N)

Do you take time to pray, meditate, or visualize on a regular basis? (Y / N)



Please mark "P" for in the PAST, "C" for CURRENTLY have, and "N" for Never:

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Headache | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Infertility | <input type="checkbox"/> Swollen/Painful Joints |
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Upper Back Pain | <input type="checkbox"/> Skin Problems | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Jaw Pain, TMJ | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Difficulty Breathing | <input type="checkbox"/> Digestive Problems | <input type="checkbox"/> Trouble Sleeping |
| <input type="checkbox"/> Frequent colds/flu | <input type="checkbox"/> Asthma | <input type="checkbox"/> Diarrhea/Constipation | <input type="checkbox"/> PMS |
| <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Lung Problems | <input type="checkbox"/> Ulcers | <input type="checkbox"/> Irritable |
| <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Colon Trouble | <input type="checkbox"/> Mood Changes |
| <input type="checkbox"/> Double Vision | <input type="checkbox"/> Shoulder Pain | <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Eating Disorder |
| <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Mid Back Pain | <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Learning Disability |
| <input type="checkbox"/> Convulsions/Epilepsy | <input type="checkbox"/> Pain w/Cough/Sneeze | <input type="checkbox"/> Gall Bladder Trouble | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Sinus/Draining | <input type="checkbox"/> Pregnant (now) | <input type="checkbox"/> Liver Trouble | <input type="checkbox"/> ADD/ADHD |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Menopausal Problems | <input type="checkbox"/> Kidney Trouble | <input type="checkbox"/> Scoliosis |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Menstrual Problems | <input type="checkbox"/> Hepatitis (A, B, C) | <input type="checkbox"/> Back Curvature |
| <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Impotence/Sexual Dysfn. | <input type="checkbox"/> Hip Pain | <input type="checkbox"/> Numb/Tingling: Arms/Hands/Fingers |
| <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Prostate Problems | <input type="checkbox"/> Foot or Knee Problems | <input type="checkbox"/> Numb/Tingling: Legs/Toes/Feet |
| <input type="checkbox"/> Other: _____ | | | |

**List Prescription & Non-Prescription drugs you take: _____

Doctor Signature _____

Date _____

QUADRUPLE VISUAL ANALOGUE SCALE

Patient's Name: _____

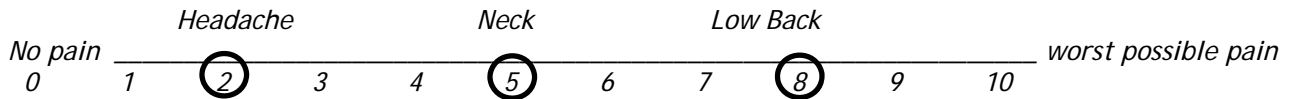
Date: _____

Please read carefully:

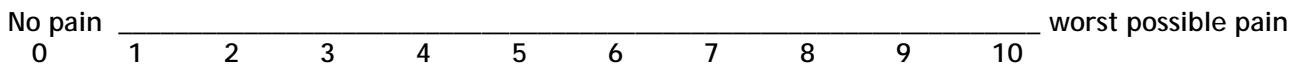
Instructions: Please circle the number that best describes the question being asked.

Note: If you have more than one complaint, please answer each question for each individual complaint and indicate the score for each complaint. Please indicate your pain level right now, average pain, and pain at its best and worst.

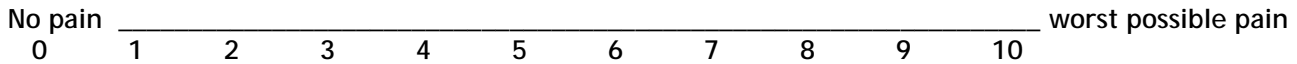
Example: (Multiple Complaints)



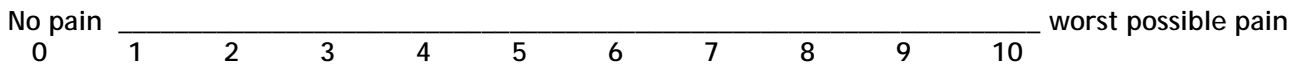
1.) What is your pain RIGHT NOW?



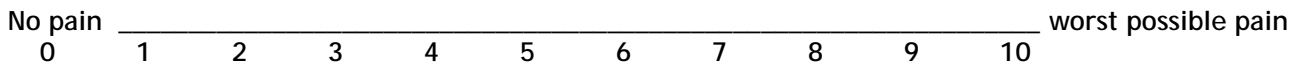
2.) What is your TYPICAL or AVERAGE pain?



3.) What is your pain level AT ITS BEST (How close to "0" does your pain get at its best)?



4.) What is your pain level AT ITS WORST (How close to "10" does your pain get at its worst)?



OTHER COMMENTS: _____

Examiner: _____

Date: _____



Wheaton Family Chiropractic
Health Begins Within


(630) 868-8480

INFORMED CONSENT

REGARDING: Chiropractic Adjustments, Modalities, and Therapeutic Procedures:

I have been advised that chiropractic care, like all forms of health care, holds certain risks. While the risk are most often very minimal, in rare cases, complications such as sprain/strain injuries, irritation of a disc condition, and although rare, minor fractures, and possible stroke, which occurs at a rate between one instance per one million to one per two million, have been associated with chiropractic adjustments.

Treatment Objectives as well as the risks associated with chiropractic adjustments and, all other procedures provided at Wheaton Family Chiropractic have been explained to me to my satisfaction, and I have conveyed my understanding of both to the doctor. After careful consideration, I do hereby consent to treatment by any means, method, and or techniques, the doctor deems necessary to treat my condition at any time throughout the entire clinical course of my care.

_____ ____/____/____  *Witness Initials*
Patient or Authorized persons Signature Date


REGARDING: X-rays/Imaging Studies

FEMALES ONLY → *please read carefully, and check the boxes, include the appropriate date, then sign below if you understand and have no further questions, otherwise see our receptionist for further explanation.*

The first day of my last menstrual cycle was on ____-____-____ Date

I have been provided a full explanation of when I am mostly likely to become pregnant, and to the best of my knowledge, I am not pregnant.

By my signature below I am acknowledging that the doctor and or a member of the staff has discussed with me the hazardous effects of ionization to an unborn child, and I have conveyed my understanding of the risks associated with exposure to x-rays. After careful consideration I therefore, do hereby consent to have the diagnostic x-ray examination the doctor has deemed necessary in my case.

_____ ____/____/____  *Witness Initials*
Patient or Authorized persons Signature Date

OUR OFFICE POLICIES

Welcome to **Wheaton Family Chiropractic!**

As a potential new patient, we feel it is important that you understand our office policies regarding how patients of this practice are cared for and the various methods we offer to facilitate payment for that care. Please read each policy carefully so there is no misunderstanding as to what you can expect as a patient of this practice and what we expect in return. Once you have read Our Office Policies, if you have any questions or any of these policies are unclear to you, and you would like further explanation before submitting your *Application for Treatment*, please let our reception know and a member of our staff will be happy to discuss them with you further. We believe it is in everyone's best interests to provide potential new patients as much information as possible about our office so that an informed decision can be made as to whether they wish to become a patient.

Over time, individuals who are accepted as patients at this office gain a greater understanding as to the purpose of chiropractic. Since the majority of patient care occurs in an open bay area, patients have a unique opportunity to observe firsthand the positive results that are achieved and the benefits derived from being under chiropractic care. This knowledge and awareness reaps a positive environment that promotes healing and encourages families to maintain good health. We want your experience with us to be an exceptional one, so help us to help you and together we can make affirmative changes in your life and the lives of those you care about.

☐ **PATIENT PRIVACY** - Since the majority of patient care takes place in an open bay area it is important to understand that any conversations you have with the doctor can be overheard by other patients. In order to maintain patient privacy it is the policy of this practice to refrain from discussing any confidential matters with patients during treating hours while patients are being adjusted. If you have a confidential matter you wish to discuss please let us know and we will schedule time for you to speak to the doctor in a private consultation room. These consultations must be scheduled in advance.

☐ **YOUR CARE** - When a patient seeks chiropractic health care and we agree to provide that care, it is essential for the patient and the doctor to be working toward the same objective. Chiropractic care at Wheaton Family Chiropractic is rendered primarily to minimize and reduce subluxations, which are a major interference to the expression of the body's innate wisdom. The doctor uses a myriad of techniques to accomplish this goal, including but not limited to Pettibon and Clear Institute. It is important that you understand both the objective and the method(s) so there is no confusion or disappointment. Tremendous progress has been made in the rehabilitating and correction of spinal problems. Where in the past chronic spinal structural problems could not be reversed or corrected, today they can. Your doctor will outline a course of treatment that will take you beyond simple pain relief, through two distinct phases of care to make a structural correction to your spine that will enable your central nervous system to function optimally, thereby improving your overall health.

☐ **FIRST THINGS FIRST** - Prior to receiving chiropractic care at this office, a health history and examination will be completed. Imaging studies as well as any other necessary diagnostics may also be ordered to confirm the true nature of your condition and exact location of subluxations. The results of these procedures will aid in assessing your presenting problem, your overall health and, in particular, the condition of your spine. They will also assist the doctor in determining the type and amount of care you will need. All relevant findings will be reported to you along with care plan recommendations so that you can make the best possible decision regarding your health care needs. Our gold standard for care is to ensure the reduction of subluxation while teaching patients what they need to do in addition to being adjusted to maintain their health for a lifetime.

☐ **PATIENT'S REPORT OF FINDINGS** - To enhance your understanding of the chiropractic approach that will be used to manage your health, immediately following your first visit, you will be scheduled for a 'Doctors Report of Findings'. The information you receive at this appointment will be both informative and clinically relevant to your case. Therefore, attendance is required for individuals who wished to become new patient of this practice. Because the results of your x-rays and all examinations (as well as the doctor's recommendations for care) will be discussed at that time, we strongly urge new patients to invite their spouse or significant other to attend. We know from experience that when a patient's family understands the goals and objects of chiropractic care and how restoring and maintaining good health can affect their lives as well, they become infinitely supportive and helpful in making important decisions concerning treatment options.

OUR OFFICE POLICIES

Patient initials: _____-retaining pages 1 of 2

I hereby acknowledge receiving a copy of the practice's 'Office Policies' a two page document, the first page of which I have read and retained. This second page is recognized by me as the signature page and will be retained by the practice as evidence of my receiving and understanding this 'Notice'. I further acknowledge that any concerns regarding these 'Policies' as well as all my questions have been answered by a qualified member of the staff to my complete satisfaction.

Patient's Name

DOB

VRC#

Patient signature

Date

Witness

Date

Wheaton Family Chiropractic NOTICE OF PRIVACY PRACTICE

This office is required to notify you in writing, that by law, we must maintain the privacy and confidentiality of your Personal Health Information. In addition we must provide you with written notice concerning your rights to gain access to your health information, and the potential circumstances under which, by law, or as dictated by our office policy, we are permitted to disclose information about you to a third party without your authorization. Below is a brief summary of these circumstances. If you would like a more detailed explanation, one will be provided to you. In addition, you will find we have placed several copies in report folders labeled 'HIPAA' on tables in the reception. Once you have read this notice, please sign the last page, and return only the signature page (page 2) to our front desk receptionist. Keep this page for your records.

PERMITTED DISCLOSURES:

1. Treatment purposes- discussion with other health care providers involved in your care
2. Inadvertent disclosures- open treating area mean open discussion. If you need to speak privately to the doctor please let our staff know so we can place you in a private consultation room.
3. For payment purposes - to obtain payment from your insurance company or any other collateral source.
4. For workers compensation purposes- to process a claim or aid in investigation
5. Emergency- in the event of a medical emergency we may notify a family member
6. For public health and safety - in order to prevent to or lessen a serious or eminent threat to the health or safety of a person or general public.
7. To Government agencies or Law enforcement - to identify or locate a suspect, fugitive, material witness or missing person.
8. For military, national security, prisoner and government benefits purposes.
9. Deceased persons -discussion with coroners and medical examiners in the event of a patient's death
10. Telephone calls or emails and appointment reminders -we may call your home and leave messages regarding a missed appointment or apprise you of changes in practice hours or upcoming events.
11. Change of ownership- in the event this practice is sold the new owners would have access to your PHI.

YOUR RIGHTS:

1. To receive an accounting of disclosures
2. To receive a paper copy of the comprehensive "Detail" Privacy Notice
3. To request mailings to an address different than residence
4. To request Restrictions on certain uses and disclosures and with whom we release information to although we are not required to comply. If however we agree, the restriction will be in place until written notice of your intent to remove the restriction.
5. To inspect your records and receive one copy of your records at no charge, with notice in advance
6. To request amendments to information, however like restrictions we are not required to agree to them.
7. To obtain **one copy** of your records at no charge, when timely notice is provided (72 hours). **X-rays** are original records and you are therefore not entitled to them. If you would like us to outsource, them to an imaging center, to have copies made, we will be happy to accommodate you, however you will be responsible for this cost.

COMPLAINTS:

If you wish to make a formal complaints about how we handle your health information please call the office at (630) 868-8480. You may also make an appointment with our receptionist to see the doctor within 72 hours or 3 working days. If you are still not satisfied with the manner in which this office handles your complaint, you can submit a formal complaint to:

DHHS, Office of Civil Rights
200 Independence Ave. SW
Room 509F HHH Building
Washington DC 20201

Wheaton Family Chiropractic NOTICE OF PRIVACY PRACTICE

Patient initials: _____-retaining pages 1 of 2

Wheaton Family Chiropractic's NOTICE REGARDING YOUR RIGHT TO PRIVACY continued...

I have received a copy of Wheaton Family Chiropractic's Patient Privacy Notice. I understand my rights as well as the practices duty to protect my health information, and have conveyed my understanding of these rights and duties to the doctor. I further understand that this office reserves the right to amend this 'Notice of Privacy Practice" at a time in the future and will make the new provisions effective for all information that it maintains past and present.

I am aware that a more comprehensive version of this "Notice" is available to me and several copies kept in the reception area. At this time, I do not have any questions regarding my rights or any of the information I have received.

Patient's Name

DOB

VRC#

Patient signature

Date

Witness

Date